



THE DELANO DISPATCH

THE OFFICIAL PUBLICATION OF THE DELANO NEIGHBORHOOD ASSOCIATION

*Published by Der Printing Haus at no cost to The Delano Neighborhood Association.
Der Printing Haus is not responsible for content of the newsletter.*

Volume 2, Issue 1

August 2006

Tuesday, August 15 is the date of the next Delano Neighborhood Association General Meeting.
The 10th Anniversary Celebration is Saturday, August 19th.
Both at West Side Christian Church, 1819 W. Douglas.

President's Comments August 2006

Wayne Wells

I want to thank all of you who have volunteered your services, whether it be delivering the Dispatch, having a Garage/Yard Sale or helping with the Annual Clean-Up. We need you for our final activity of 2006. Our 10th Year Anniversary Celebration on August 19th, needs many volunteers. As of this writing, we have heard from too few of you. As I mentioned in the previous Dispatch, the more volunteers we have, the easier it will be. For you who participated in the Garage Sale, if you have items which did not sell, that are suitable for the drawings, which you are willing to donate, let me know and I will come pick them up. Anyone who would like to donate, resident or business, just give me a call. Only one business has contacted me.

Our Editor has encountered some problems in getting Dispatch articles on time. Anyone wishing to submit an article must have it to her no later than the General Meeting, the third Tuesday of each month. There are three ways you can get them to her. Mail them to Lee Webster, 337 N. Exposition, Wichita, KS 67203, telephone her at 263-4051, or e-mail it to her (webeva2@yahoo.com). There are just too many things that can go wrong which could delay our getting the Dispatch distributed before the meeting. I gave Lee my approval to refuse any article which comes in after the before mentioned time.

To our Delivery Volunteers:

I have received several complaints from residents concerning receiving the Dispatch. Some say they have not received one for several months and others say they usually get one but some months they are missed. This has happened in more than one District. Our goal is to have the Dispatch in the hands of the Directors twelve days before the General Meeting. That way there will be one full week plus a second week-end to get them delivered. I realize some of you may have youth helping you so; please, check with them to confirm they are leaving one at every occupied, or if it appears it is suitable for occupancy, house,

apartment and business. We appreciate your dedication to the DNA. We want to do our best to inform everyone who lives in the DNA. Thank you for helping us with this problem. If for some unforeseen reason you are not able to deliver your area by the Monday morning before the General Meeting, please call me at 265-4896 or call your District Director so we can attempt to get them delivered.

The Board and Committees are putting the "finishing touches" on the 10th Year Anniversary Celebration. We have formed several committees which include:

- | | | | |
|---------------|-----------------|----------------|----------|
| Pancake Flip | Chairperson | Wayne Wells | 265-4896 |
| Entertainment | Chairperson | Leandra Baker | 262-5358 |
| Parade & Tour | Co-Chairpersons | Larry Brown | 942-6428 |
| | | Wilkey | 942-6428 |
| | | Katie Bazzelle | 267-2337 |

If you would like to volunteer to assist on one of these committees, please call the chairperson, as we need all the help we can get.

I hope many of you have been considering getting involved in the Association. It is only two full months until the election of officers in November. Just let me or any Board Member(the names are listed on page 2) know if you are willing to submit your name for an office. We would like to have at least two (2) candidates for each office.

REMINDER...

Young People (and parents)

Are you ready for the

**ROLLIN DOWN
THE BEACH PARADE?**

Join us at the

10th Anniversary Celebration

August 19th at 9:30AM.

Delano Neighborhood Association Officers

- Wayne Wells - President
265-4896
- Barbara Hughes - Vice President
945-4227
- Leandra Baker - Secretary
262-5358
- Larry Brown - Treasurer
269-2515

District Directors and Boundries

- #1 Harlan Derifield 222 N Athenian
Arkansas River, Millwood, Douglas, Meridian
- #2 Lee Webster 337 N Exposition
Arkansas River, Douglas, Millwood
- #3 Angie Davis 808 Maple
Douglas, Arkansas River, Kellogg, Seneca
- #4 Larry Brown 1615 University
Douglas, Seneca, Kellogg, Glenn
- #5 Mim Wilkey 2210 Burton
Douglas, Glenn, Kellogg, Meridian

Delano Neighborhood Association Committees

Hospitality Chairperson

Sue Greeley - 265-0581

Clean-up Chairpersons

Rod and Angie Davis - 265-2574

If you would like to serve on one of these committees call the chairperson or any committee member or the President.

Editor

Lee Webster - 263-4051
Newsletter Design and Layout
Der Printing Haus - 755-1291

- DNA - Delano Neighborhood Association
- DCA - Delano Clergy Association
- DAB - District Advisory Board
- WIN - Wichita Independent Neighborhoods
- DBA - Delano Business Association

July General Meeting Update

(for those who did not attend)

Wayne Wells

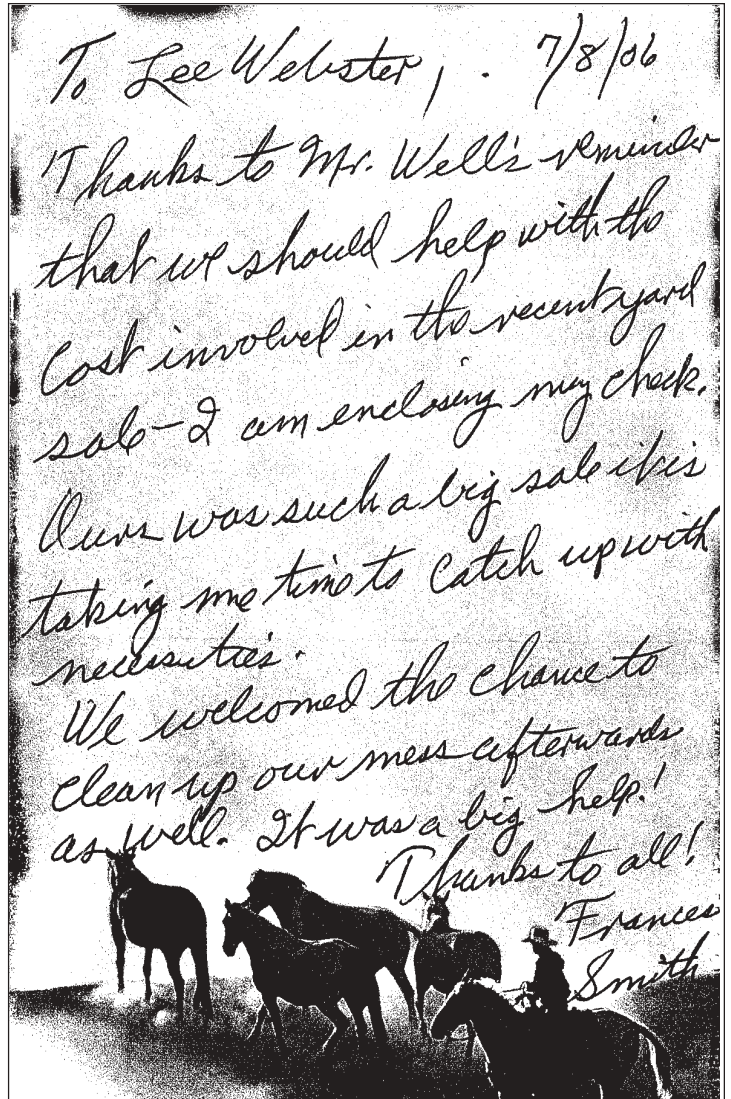
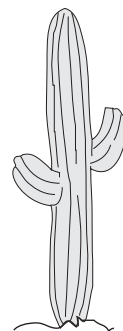
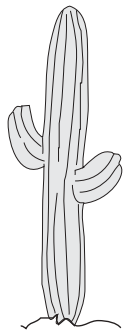
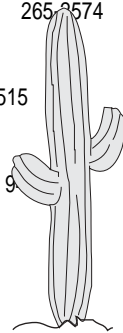
There was a total of seventeen who attended the General Meeting and feasted on the delicious food which was provided for the pot-luck meal. You could tell by what was brought that the participants are very health conscious. It is the first pot-luck, of my seventy plus years, where there was only one desert. Not complaining, just commenting. There was plenty of fresh fruits and vegetables along with pasta salad, baked beans and other healthful dishes. Thank you DNA members. We did have some first time attendees and some who had not attended for quite a long time. Always good to have newcomers. We took a vote as to have future pot-luck and everyone was in favor of having another one for the September meeting. Because of the 10th Year Anniversary Celebration, we felt it best not to have one in August. (Note- The "August", printed in the July Dispatch, at the bottom of page one, lower right corner, is a mistake. It should have read "July". All three "proof-readers" missed it, me being one of the three.

943-0775

263-4051

265-2574

269-2515



How nice to receive this note, made it all feel worth while.

We Need You

A THANK YOU for all who helped feed the Clean-Up Crew.

An important part of the Neighborhood Clean-up was the meal provided by many wonderful volunteers. I was very pleased with the 14 ladies and 2 men who helped with the meal. One of the men brought a delicious chicken and rice casserole his wife made. I wrote their names down but I have misplaced them. Their casserole went fast and many asked for the recipe!

Several of the ladies were familiar with the Church kitchen. They were a big help for most of us had to look for a specific item.

Sue Greely, Kaye Decker, Katie Bazelle, Sally Wilson, Racine Wright, Cassie Murphy, Mary Martin, Carol Fowler, Beverly Pieplow, Dorothy Crouch, Lucy Pointer, Doris Burger and Lee Webster, helped in the kitchen or

prepared food at home and brought it in and some did both.

There are many stories about how people came together and helped make our Neighborhood Clean-Up fun and successful. I appreciate ALL who helped make Delano cleaner and nicer.

I must say a special "THANK YOU" to West Side Christian Church for their willingness to let us use their facilities. The people are terrific. I say "THANK YOU" to those who set up tables and chairs.

There may be others, both male and female, whose names I failed to get.

Another "THANK YOU" to Sam's Club and Wal-Mart for donations of Gift Cards which were used to purchase food.

Submitted by Judy Wells

Sleeping GIANT Awakens REVERSE MORTGAGES - Get the Facts

Finally, this little known government program, is making itself known. Having been around since 1987, Kansans now have a local company offering educational literature and a free one on one interview. If you are, or know of, a senior homeowner whose life seems to be going backward instead of forward, you should have them consider a reverse. Contact Todd Drew with Urban Financial Group today at 832-2221 and schedule your appointment to discuss how a reverse mortgage might work for you or your loved ones.

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Delano Neighborhood Garage Sale Report

By Leandra Baker

Our first Neighborhood Garage Sale has come and gone! There were 57 signed up to be on our maps. We lucked out with no rain, but boy was it hot!! From the feed-back I've received, it was a success!! I hope everyone was pleased with our advertising and signage. Here are a few numbers on how things went: Number of sales held on these days:

Thurs.-Fri.-Sat.-32 Thurs. & Fri.-6

Fri. only-1 Sat. only-9

Fri. & Sat.-7 Fri. -Sat.- Sun.-1 Thurs. & Sat.-1

A big THANK YOU to all who donated funds to help with the garage sale expenses of advertising, yard signs and our garage sale map handouts!! The following lists those who had garage sales and have contributed \$10.00 each to date as of this writing:

Ron Brown

Sharon Ybarra

Roger & Leandra Baker

Anne Ciemny

Dooley & Dorothy Crouch

Rod & Angela Davis

Mary Devore

Earl & Virgie McGaugh

Maureen Nauslar

Janet Schmidt

Frances Smith

Wayne & Judy Wells

Dwight & Sally

We also had some donations from those who did not have sales!! THANK YOU so much for your generosity!!

Those included to date of this writing are:

Ed & Carol Riffle \$10.00

Century Property Management, Inc. \$25.00

Lee Webster \$10.00

THANKS to all of you who took the time to "clean out" and have a garage sale in spite of the heat!! I think Wichita, KS. is the "Garage Sale Capital" of the U.S.A.!! Delano has helped to do our part this year with 57+ sales. I hope your sale was profitable, fun and your space now a little less stuffed!

Linda Ph

*** ANNUAL MEET THE TEACHER NIGHT/ PTA FUNDRAISER ***

The **McLean Science and Technology Elementary School** will host its annual "Meet Your Teacher Night" event on Thursday, **August 10th from 6-7:30pm**. The McLean PTA will be offering an affordable family meal provided by Carrabba's Italian Grill. Visit teachers and classrooms after dinner RSVP your number of adult and child dinner reservations and questions to Kathy Darnell at kathydarnell@cox.net.

DELANO BUSINESS ASSOCIATION OFFICERS

President, Gerald Marsh
Dentbusters
e-mail gmar4442@aol.com

Vice President, Annie Best
Photographers' Gallery
e-mail ATBest@cox.net

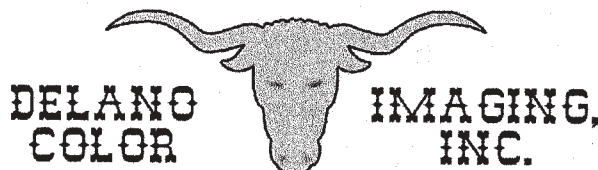
Secretary, Chris Rausch
What's Brewin'
Phone: 263-1342

Treasurer, Ellen Botts
Dig This
Phone 267-3373

Meetings are Second Wednesday of each month at 6:30PM at the Masonic Towers, 407 S Martinson

**Happy Labor Day
September 4th**

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Hours will change as business progresses.



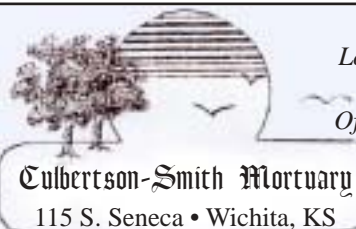
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British - American Antiques

The Master Gardeners Corner

By EMG Chuck Guenther

Rejuvenate Annuals Flowers Annual flowers may begin to look a little frazzled from the summer's heat and lack of rainfall. This time of year is a good time to rejuvenate those plants by pruning them back, and giving them a good soaking and feeding. Annual bedding plants produce flowers on the terminal ends of the branches. To keep the ends producing, the plant needs a continual supply of nitrogen. When the plants are stressed from heat and drought, the plant will protect itself by hardening the tissue, thus slowing new growth. Cutting the plants back half way and feeding with a slow released, high nitrogen fertilizer will promote new tender growth and flowering. The plants may look a little rough for a week or two after pruning, but will come back more active and generate new flower production well into the fall. Extra blooming can also be promoted on perennials by cutting off the spent flowers, referred to as deadheading, for a bonus flush of flowers. This helps to extend the bloom period and removes the unsightly dead flowers.

Tomato Nutrition and Quality There are some conditions in Kansas and how we handle tomatoes that can lead to disappointment in the tomatoes that we harvest. Tomato flavor is controlled by an enzyme that develops in fruit that are going through the ripening process. If the tomato is allowed to remain on the vine until the fruit just barely starts to change color, the flavor produced in the ripening process proceeds normally. However, if tomatoes

are exposed to cool temperatures for a period of time this enzyme stops flavor production. If the cold period is too long- flavors that have accumulated in the fruit can deteriorate leaving a bland, tasteless fruit. In addition, tomatoes that are exposed to too long of a cool period can have a mushy texture. This applies not only to tomatoes that may be shipped in cool temperatures but also in putting tomatoes in a refrigerator after you have harvested them. Temperatures below 50° F are considered cool. Anything above 55° F should cause no problem in the development of flavor and quality. Tomatoes that are exposed to very high temperatures also can have significant problems in ripening. Red pigments don't develop at temperatures above 95° F and fruit ripening happens slower and with more quality problems in extreme summer heat. Always pick tomatoes at the first blush of red color and ripen them indoors at a cooler temperature. Tomatoes are an excellent source of beta-carotene, vitamin C, vitamin E, and a fat-soluble 'pigment' compound called lycopene (responsible for the bright red color in tomatoes). In recent years, lycopene has received alot of attention for it's ability to serve as a strong antioxidant and has been shown to prevent several types of cancers. Fresh, ripe tomatoes have a high level of all of these nutritional compounds. Lycopene, however, can also be maintained in fairly large concentrations through processing so that canned or frozen tomato products also have significant amounts of this important phytochemical. So, for optimum flavor and nutritional quality never let your tomatoes get cool, never let them get too hot during the ripening process, and use them when they reach their bright-red peak of perfection. Also, please use courtesy when using spray herbicides (such as Round Up). Be aware that the spray can carry up to two miles on a windy day and damage your neighbor's plants.

Information provided by K-State University Reseach and Extension.

Boundaries of circulation for
**The Delano Dispatch
Newsletter** are:

East by the Arkansas River;

West by Meridian;

South by Kellogg;

North by the Arkansas River

Circulation is approximately 2700.

The Delano Dispatch Newsletter
is published once a month by

Der Printing Haus

204 W. Main

Valley Center, Ks 67147

Ph: 755-1291 or Fax: 755-3151

www.printinghaus.com

neighborhoodnewsletters.net

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Publisher: Lucy Burtnett

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Heat Illness

With the temperatures hovering over 100 degrees I feel it is necessary to talk about heat illnesses and ways to prevent them. Individuals are especially prone to heat illness in the months of July and August. Heat illness is a life threatening, medical emergency that can be prevented if you follow some basic guidelines, and are aware of its signs and symptoms. There are three major types of heat illness, each with specific symptoms and treatments.

Heat cramps are a type of heat injury that usually occurs after strenuous exercise or an outdoor activity. Symptoms of heat cramps are severe pain and cramps in the legs and abdomen, faintness or dizziness, weakness, and profuse sweating.

Heat exhaustion happens when one is exposed to heat for a prolonged period of time. The body may become overwhelmed by heat when its mechanism (sweating) for keeping cool breaks down. Symptoms of heat exhaustion include nausea, dizziness, weakness, headache, pale and moist skin, weak pulse, and disorientation.

Heat stroke, unlike heat exhaustion, strikes suddenly and with little warning. When the body's cooling system fails, the body's temperature rises quickly. Heat stroke can be life threatening! Signs of heat stroke include very high body temperature, hot, dry skin, lack of sweating, fast pulse,

confusion, and possible loss of consciousness.

Preventing Heat Illness Know that once you are thirsty you are already dehydrated.

- Do not exercise vigorously during the hottest time of day. Try to train closer to sunrise or sunset.
- Wear light, loose clothing, such as cotton, so sweat can evaporate. Better yet, invest in some clothes that wick, like Cool-Max.
- Use a sunscreen to prevent sunburn, which can hinder the skin's ability to cool itself.
- Wear a hat that provides shade and allows ventilation.
- Drink plenty of liquids such as, water or sports drink every 15 minutes (drink 16-20 oz/hour). If you feel your abilities start to diminish, stop activity and try to cool off.
- Do not drink alcohol or beverages with caffeine before exercise because they increase the rate of dehydration.

Remember, it is easier to prevent heat illness than to treat it once symptoms develop. If you think you may be the victim of a heat illness, especially heat stroke, call 911 immediately.

Officer W.D.D.Perkins #1724
Patrol West Community Policing
Wichita Police Department

You are invited!

The Delano Neighborhood Association
would like to invite **YOU and your family**
to the **10th Year Celebration.**

(All funds raised during the Celebration will be used to the betterment of the neighborhood by the Delano Neighborhood Association.)

Saturday, August 19th, 2006

8:00 am – 2:00 pm

We will celebrate with food and fun at **West Side Christian Church (1819 W. Douglas).**

Here is a brief schedule of the day:

- 8:00 am-11:00 am Breakfast with Chris Cake's Pancake Flip
Adults=\$4.00 Youth=\$3.00 Toddlers=Free
- 9:00 am-11:30 am Trolley tours of Delano
- 9:30 am Beach Parade (children's parade)
(Youth that would like to participate in the Beach Parade need to register with Katie Bazzelle: 267-2337.)
- 11:00 am-2:00 pm Funnel cakes and food
- 11:30 am Celebration with a few of our City officials and more!

Please join us and celebrate our wonderful neighborhood, good neighbors and friends.

If you have any questions or would like to get involved, Please contact Wayne Wells at 265-4896.

