

UPTOWN Neighborhood • NEWS •

Uptown Neighborhood Association, Inc.

JULY, 2009

Calendar of Events

July 6, 6:30 p.m. District Advisory Board meeting at Atwater Center, 2755 E. 19th St. (at Volutsia).

July 9, 7:00 pm, Uptown Meeting, City Manager Robert Layton will come to answer questions from Uptown. **Notice date change!** Moved to second Thursday because of the holiday. At College Hill United Methodist Church, 2930 E. 1st Street.

July 11, 8 a.m. District One Coalition Breakfast at All Occasions located at 21st and Oliver. (Unsure about this date, email LaShonda Porter to check, lporter@wichita.gov)

Sept. 3, 7:00 pm, hopeful tentative speaker James Arbertha, director of POWER Community Development Corporation and the man who is trying to restore the old Dunbar Theater.

Your UNA Officers

President

Leslie Harvey :: 687-2082
leslieharvey@sbcglobal.net

Vice-President

Paul Oberg :: 687-0949
chancyo@att.net

Treasurer

Lynn Wasinger :: 618-4945
dalyontra@yahoo.com

Secretary

Ray Racobs :: 612-0754
raylynda.racobs@att.net

Director of Communications

Lori Lawrence :: 688-1484
lorilawrence@cox.net

Uptown boundaries

Central, Douglas, Grove and Hillside

If you live, work or own property in Uptown, you are a member of the Uptown Neighborhood Association.

Visit us at: www.simplyneighbors.com/usa/Kansas/Wichita/Uptown

Uptown Meeting
July 9, 2009 at 7 pm
Guest Speaker City Manager
Robert Layton

Uptown Speaker, July 9th, 2009

Robert Layton

City Manager, Wichita, Kansas

Robert Layton has been involved in local government management for nearly 30 years. He served as City Manager from 1984 to 2008 for Urbandale, Iowa, where he focused on planned growth, quality service delivery and sound fiscal condition.

Before going to Urbandale, he was an assistant to the City Manager in Des Moines, Iowa from 1980 to 1984; prior to that he was a budget analyst and public management intern for Kansas City, MO.

Bob earned a graduate degree in public administration from Syracuse University and he earned a bachelor's degree in public administration from Drake University.

He is a member of the International City/County Management Association, a former president of the Iowa City/County Management Association and a former executive board member of the Iowa League of Cities.

His other activities include Chair of the City Finance Committee for the State of Iowa; Board of Directors for Public Technology Inc.; Board of Directors of Iowa Municipalities Workers Compensation Association; Board of Directors for Iowa One Call; and Practitioner in Residence at Iowa State University.

Bob became Wichita's City Manager on Feb. 2, 2009. He reports to a seven-member City Council and he oversees 3,100 employees, a \$500 million annual budget and a \$2.4 billion Capital Improvement Program.

Be sure to join us and meet our new Manager and ask questions. He is not bringing any presentation, just here to meet and answer whatever you want to know. He is a really nice guy, I have met him a couple times, and I'm sure you'll enjoy the meeting.

Uptown Meeting Minutes May 7, 2009

In the absence of President Leslie Harvey, Uptown's Vice President, Paul Oberg, called the May 7, 2009, Uptown Neighborhood Association meeting to order at 7:10 p.m.

There were no minutes to review from the April 2009 meeting, since no official gathering took place, due to the lack of a quorum. However, the minutes of the March 5, 2009 meeting, as printed in the April 2009 newsletter, was accepted by vote.

In the absence of Lynn Wasinger, Uptown's Treasurer, Paul Oberg presented the Treasurer's Report for April 2009.

Beginning balance - \$1,243.95

Deposit of \$77.79 was made from donations collected at the UNA cleanup.

(Continued on page 2)

May 7 Uptown meeting

(Continued from page 1)

Checks during the past month were issued to the Leukemia and Lymphoma Society (cookout fundraiser) for \$150.00 and to Mary Dewing (expense for the UNA's Easter event) for \$50.00.

Ending balance for April 30, 2009, was \$1,121.74.

The Central N. E. Area Council of Neighborhoods Associations needs UNA representation. Their meetings coincide with Uptown's. If interested, contact Leslie Harvey or Paul Oberg.

Recent rains have solved the odor problem from the 3rd Street Canal, but a severe wash out near the spillway at the canal's east end has resulted. Lori will contact the appropriate city department for help.

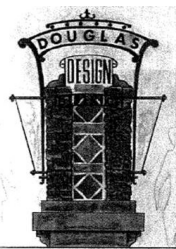
Lori Lawrence was asked about the UNA loan program for Uptown residents through the Great Plains Credit Union. (Continued on page 3)

Something You Might be Interested In

East Douglas Avenue Improvement Plan - Transportation Sub-Committee

Meeting Summary

2:00 pm, June 10, 2009



Present: Lorna West, Wendy Mayes, Talbert Showalter, Barbara Hammond, Jess McNeely, Dave Barber

Discussion Items & Points of Agreement:

1. Kiosks-

- The Sub-Committee agreed that the design of the kiosks should reflect the design elements of the monument sign concept developed by the Douglas Design District. Sizing of the kiosks would similar to the dimensions of the wayfinding signage depicted on pg. 20 of the 03/30/09 working draft of the East Douglas Avenue Improvement Plan.

- It was agreed that there will not be LED signage within the kiosk, thereby avoiding historic environs issues associated with LED electronic signage.

- Talbert Showalter will request potential vendors to develop a design concept and cost estimates for the kiosks. The final kiosk design concept will need to be reviewed by the City's Design Council.

- Talbert Showalter indicated that Wichita Transit prefers to bid out at the same time, the final design/construction of the kiosks (seven proposed in total - one near each bus shelter), bus sign poles and bus shelters.

2. Benches -

- Wichita Transit will likely contract with Wichita Public Works for the package installation of the

benches, kiosks, bus sign poles and bus shelters, and any associated electrical/concrete work.

3. Bus Shelters-

- Jess McNeely showed a new bus shelter design concept (rough sketch) prepared by the local chapter of the AIA that integrates the perpendicular vertical design elements depicted in the monument sign concept developed by the Douglas Design District. The Sub-Committee endorsed the revised design concept including the use of attractive ornamental ironwork, the 'window pane' back and the curved roof profile suitable for installation of solar panels. A small, real-time bus arrival LED sign located inside the shelter was deemed appropriate by the Sub-Committee. Jess McNeely will instruct AIA to proceed to develop two detailed final design concept drawings/perspectives based upon the new bus shelter design concept sketch. This material will be emailed by Jess in a PDF format to the Sub-Committee members for review no later than June 22nd. This will allow the Sub-Committee to sign-off (via email) on a final design concept for recommendation to the East Douglas Steering Committee at their meeting on June 25th.

If you would like to know more about this group, email me and I will forward you our minutes and meetings times and dates. I was unable to attend this meeting.

Car traffic

On Memorial Day this editor (along with others in Uptown I'm sure) spent about 6 hours on top of a ladder in front of my house painting it. It wasn't hard to notice that 2 of my neighbors, apartment dwellers, took 8 or 10 trips, BY CAR, within that short period of time. Now on most of these trips they returned in 15 minutes or less then took off again.

Where were these 2 unrelated individuals going? In that short a trip it was probably to Dillons or Walgreens or ACE, all within 3 blocks of their apartment. One was driving a big gas guzzler, a big, neat car simply because it is from out of town (though they have lived in that apartment for a couple years) with a tag number that includes WSU, that's from KM county.

For your information, making multiple short trips is a bad idea. It wastes money and gas and pollutes our atmosphere. Make one trip and visit all those places you need to go then come home. Or better yet, WALK when you can.

Bob Kaplan, a real estate attorney in Wichita, says that "...a typical household, including parents and children, has an average of 10 trips a day." (The Wichita Eagle, June 2, 2009, Fire station, office park await zone decisions.)

May 7 Uptown meeting

(Continued from page 2)

She reported that there had been some activity, but no applications thus far. Some had reservations about some of the requirements of the program. The short term repayment for any loan and the need to sign up for direct deposit of one's pay check seemed to be the main complaints by those previously interested.

"You are entering Uptown Neighborhood" signage or something to that effect was again discussed. Nothing concrete to vote on has ever been brought forward, so a committee was finally put in place to progress with some plans. Consideration was voiced to work on sign placement for the 1st and 2nd Street corners, which appeared to be an easier first task for placement over the four corners of Uptown's outermost boundaries. The group to look into the plan will, so far, consist of Paul Oberg, Lori Lawrence, David Franks and Cathie Rayes. If you'd like to join them call in and inform Paul Oberg at 687-0949.

WPD Officer Boyd and his partner were in attendance for Officer John Ryan and Officer Little. He had nothing to report, but spoke to the group about reports of abuse to animals.

The Summer Picnic Event was discussed. Preparations are underway to cover food, trash disposal and other needs, but ideas are requested for free or at least affordable forms of entertainment. Contact any board member with suggestions and please sign up to help with set up/clean up duties.

Uptown's next meeting will be held at 7 p.m. on July 9, 2009, in the basement of the College Hill United Methodist Church, which is located at 2930 E. 1st Street, Wichita, KS, USA.

~Ray Racobs, Uptown Secretary

Uptown Newsletter

If you would like to see the newsletter early, usually on the day it is printed, email me with your name and address (it will be for Uptowners only) and I'll start an email list. Put in the subject line: "Uptown News". Email to lorilawrence@cox.net.

Writing Contest

Uptown's Ray "Grizzly" Racobs is the Kansas Writer's Assoc. 2009 Writing Contest Chair. Entries will be accepted from Aug 1 until about the middle of Oct of this year. If you are interested in submitting an entry in one or more of several categories catch the information on the website at kwawriters.org. This year's rules will be similar to last year's.....Griz

Street Parking Issues

By Ray "Grizzly" Racobs

Not long ago, while working on a landscape project, a WPD cruiser and a tow truck showed up near the dead end of 3rd Street, across the canal from our place. I decided to take a break from my honey-do task and wandered over to investigate.

"Griz, don't you mean that you went over to snoop?"

Oh, whatever, but I'd like to call my action as being part of the Neighborhood Watch Program.

"Hey, I didn't know Uptown was involved in that program."

They aren't officially, although I know of several individuals in the area who are always watching out for something to report on.

"Report on or nit pick about?"

Well, that's a good question. At any rate ... back to my story. I chatted with Uptown's favorite beat cop, Officer John Ryan, about the situation at hand.

Someone had lodged a complaint about a car being parked on the street, but not being driven. The car, for some mechanical reason, would not start. In a short time, the car was loaded and hauled off to impound, where it will stay, probably, until it hits the auction block.

Evidently a vehicle has to be moved every twenty-four hours if it sits on a public street. I wasn't aware of the ordinance in place that separated this owner from his vehicle, for he couldn't, at the time, afford the repairs needed to get it going.

I pondered the case for a short time ... okay, maybe for a long time. I can see why the statute was put in place; to keep inoperable and/or eye-sore wrecks off the streets, like the situation that currently exists just south of Central, on the west side of Grove.

But was this particular citizen fairly treated? I don't know the owner, even to this day, but his car was parked in front of his residence, wasn't beat up, did not appear to be in a non-drivable condition and was not a safety hazard, as I saw it. So what's the big deal?

It would certainly be an issue with me, if a piece of junk constantly took up a parking spot in front of my home ... oh, I almost forgot ... we don't, thanks to the city, have any legal parking in front of our house..

Ray "Grizzly" Racobs is UNA's secretary and writes for *The Kansas Senior Times*



Uptown Trash

Uptown Neighborhood Association has a special rate for trash. **Trash service for only \$45 for 3 months!** If you want to add bi-weekly recycling it is only \$6 every 3 months. An additional cart is only \$18.50 for 3 months too. If you are disabled and cannot bring your cart out to the street, house-side service is available. For \$5 per month or \$15 for 3 months you can have them carry out your cart and then return it to your house if you are not physically able to do this. Anyone that has Residential service can take advantage of these rates. That includes any businesses within our boundaries.

If you want this rate to continue, tell all your neighbors to call **Lies Trash Service** today at **522-1699**. If you rent, tell your landlord so s/he can get the rate. If you are already a Lies customer, simply call them and ask for the Uptown rate and that will be the charge on your next bill. Call TODAY!

I am going to print this article, or one similar, in every newsletter until summer. As you know if you have been reading the newsletter, Uptown is required to get 90% of the neighborhood signed up with Lies or they won't continue to do it. Please be sure everyone on your block has started with them. If you need the complete article to print and give to them, email me and I will email it to you. If a new neighbor moves in next door or down the block, go meet them and tell them about it before they sign up with someone else!

Uptown Neighborhood Association History, 1870-1887

The following information comes from the abstract for the property at 125 N. Volutsia. This Abstract has proven a wealth of knowledge regarding the early development of the UNA land plat. The Wichita Public Library's historical department has been extremely helpful in deciphering the details contained in the Abstract and would recommend a visit there if you have any interest in Wichita and the surrounding area histories.

December 19, 1870 - The government of the United States sells to Edward Rhoades for \$200 the land described by NE4, Sec22, Twp27, Rng1E (meaning the north-east quarter of section 22, township 27, range 1East) and noted as being 160 acres. For anybody who does not have an old city map handy that would be the modern equivalent of the land bounded by Grove to Hillside, Douglas to Central. I guess that would make Mr. Rhoades our UNA charter member. Noted in the abstract is the following: 'Signed: By the President U.S. Grant by S.D. Williamson' and 'Osage Indian trust Land in the district of lands formerly subject to sale at now Wichita, Kansas'.

April 05, 1881 - Edward Rhoades (now married to Louisa) sells the same 160 acres of land to Isaac N. Miller (wife Matilda) for the sum of \$4,500 (not a bad return on investment).

January 26, 1882 - Nine months after purchasing the 160 acres I. Miller sells the land to Horace G. Bloom (wife Ella L.) for \$5,000.

July 23, 1883 - H. Bloom sells to Joseph Stover (wife Catharine) the south half (S2) of the NE4/Sec22, 80 acres total, for \$4,000. This S2 of NE4/Sec22 is today bounded by Douglas to 2nd, Grove to Hillside. It is noted that Catherine Stover signed the purchase agreement with 'X - her mark'.

July 11, 1884 - One year later the Stovers sold the same S2 of NE4/Sec22 to three men for \$8,000. The three men are noted as 'James C. Jones (a widower), Wilber B. Jones (wife Achsah M.) and Warren Parker (a bachelor)'.

October 31, 1884 - Jones/Jones/Parker dedicate the land of the S2 of NE4/Sec22 to the public as the Chautauqua Addition (the north half of NE4/Sec22, 2nd to Central, Grove to Hillside, is called the Maple Grove Addition). The document is noted 'dedicated for the use of the public all our right, title and interest in and to the streets and avenues in said addition'. Note that this statement allowed the City of Wichita to construct streets and avenues on this property.

April 01, 1885: Jones/Jones/Parker sell the land noted as Lot4, Block6 to John S. Garrison (wife Mary A.) for \$800. Today this land is the south half of the area bound by Douglas to 1st, Estelle to Volutsia.

April 17, 1886: J. Garrison sells to Alpheus Henley (wife Louise) the east half (E2) of Lot4, Block 6 for \$1,250. This would be the Volutsia side of Lot4, Block6 described above.

June 12, 1886 - Two months later A. Henley sells to J.N. Stone (wife Fannie) the same E2 of Lot4, Block 6 for \$2,600.

February 23, 1887 - J.N. Stone dedicates this land to the public and is noted as follows: 'The alley is hereby dedicated to and for the use of the public'. It is also noted that this land is 'to be known as the Stone's Subdivision of the East half of Lot4, Block6, Chautauqua Addition to Wichita, Kansas'. I did some research on J.N. Stone and found that he was the Wichita City Street Commissioner until 1888.

~This comes from Scott Malcolm, owner of above property on Volutsia. I'll bet you learned something you didn't know today, huh?

New Law

Just a warning for those of you who like to travel in the passing lane on the highway. As of July 1st, 2009 it will be illegal to travel in the left hand lane unless you are passing another car. You will get a warning ticket until July 1st, 2010 when you will get a real one.

On our 3 lane highways, the further-most left lane is still for passing. The center lane is for regular travel and the right-most lane is for merging on or off the highway. The Highway Patrol tells me that as a matter of courtesy and for efficient flow of traffic, passing only on the far left lane is best although the new law does not apply when you are within the limits of a city. The Lieutenant that I spoke with said that 95% of "Road Rage" incidents are caused by people fighting over the left lane! Understand that it is legal to travel in that lane within Wichita. Legal and practical are not always the same thing.

If you have any questions about this new law, call the Highway Patrol at 511 and ask about it.

New law will make cockfighting a felony

TOPEKA-Gov. Mark Parkinson signed a bill that makes cockfighting in Kansas a felony. The measure also strengthens laws against drug trafficking and assaulting law enforcement officers.

Holding a cockfight has been a misdemeanor in Kansas, and the new law will make it a felony as of July 1. The bill also mandates a prison sentence, rather than probation, for people who injure a law enforcement officer.

~Wichita Eagle, May 22, 2009

Make a Difference - Don't Flush

Home disposal of excess or expired medications, by flushing them down the toilet, has been the standard for many years. National and state studies are finding this common disposal practice can negatively impact aquatic life. The Kansas Department of Health and Environment (KDHE) has recently published a guidance document that prioritizes environmentally safe disposal methods for individuals.

A special outreach effort in Sedgwick County encourages residents to take their expired or old medication to the Sedgwick County Household Hazardous Waste Facility at 801 Stillwell in Wichita. However, the facility cannot accept controlled or narcotic substances.

If residents cannot go to the Wichita facility, they can use a KDHE-recommended kitty litter or coffee ground method. It instructs residents to crush and make a paste of their medication with coffee grounds or kitty litter, and put the paste into the trash in a closed container such as an empty coffee can or sour cream tub.

If you have questions about pharmacy waste disposal, contact Nancy Larson, director of the Pollution Prevention Institute at Kansas State University, at 800-578-8898 or nlarson@ksu.edu.

~from DAB meeting, June 1st

RECYCLED MOTOR OIL

Safety Kleen is beginning to sell recycled motor oil to the public. Eco-Power motor oil will be available at retail stores in the top 100 U.S. markets. The product is made from used oil collected at thousands of North American dealerships, automotive retailers and quick lube oil change facilities. The end-product is identical to that made from crude oil and meets or exceeds American Petroleum Institute and Society of Automotive Engineers standards.

Safety Kleen collected more than 225 million gallons of used motor oil in 2008. Recycling the oil takes about 85% less energy than producing oil from crude. The recycled oil also avoids more than 300,000 tons of greenhouse gas emissions annually, compared to crude.

~Waste Recycling & News, April 27, 2009

CONSERVATION RATE ON ELECTRICITY FROM WESTAR

If Westar customers can keep their electricity usage below 900 kWh per month, they will receive a lower rate under the \$130 million increase which Westar received from the Kansas Corporation Commission (KCC) and now in effect. This change in rate design was proposed by the Citizens' Utility Ratepayer Board (CURB) which saw the change as a way to provide an affordable initial block of energy to all customers and also encourage conservation in the summer. All customers will receive the lower rate on the first 900 kWh, and if they don't go over that usage, they will never jump up to the higher rate. CURB urges all customers to use less electricity, such as by installing programmable thermostats, replacing old appliances and sealing up drafty homes. Your editor suggests spending time on hot days at the library or at malls; they are already air conditioned. Reducing demand on electric generation plants in the dog days of summer will defer the need to build more plants.

~CURBside News, May 2009

Street Sweeping

Want to know when your street is going to be "swept" by the city? They post each weekend which streets are on the list for the next week. You can find out so you'll be sure to keep your cars off the street that day. It really makes a big difference! Check: <http://www.wichita.gov/CityOffices/PublicWorks/StreetSweeping.htm>

Uptown Emergency/ PayDay Payoff Loans

This Loan program started on March 1st. Please review the Terms and Conditions before you call one of the committee members to apply. To read explanations of each of the Terms and Conditions you will need to check out the Uptown webpage that is listed on the front of this newsletter. Look at newsletters and open up March and you can print it off.

The Emergency Loan Committee consists of: Paul Oberg, 687-0949, chancyo@att.net; David Franks, 685-2030, david.franks@cox.net; Margaret Hyden, 684-9304, mj927hyden@yahoo.com and Lori Lawrence, 688-1484. Contact any of us and we will call you back since we can't give you an answer right away. After our discussion we will let you know how to go about getting this loan or try to provide you with more options.

UPTOWN EMERGENCY SHORT TERM LOAN & PAY-DAY PAYOFF LOAN PROGRAM, TERMS AND CONDITIONS

1. Uptown resident **must** join the Great Plains Federal Credit Union, and must open a share account that has a **payroll direct deposit**.
2. Borrower **must** provide verification of employment or a steady income, with no gaps in employment or benefits, for a period of no less than **one (1) year**.
3. Borrower **must** provide verification of no less than **six (6) months at current address in Uptown**.
4. **Maximum** loan amount is \$250.
5. **Normal** term of loan is **30 days** (flexible term of 60 days under special circumstances for long term residents). **Maximum of two (2) payments** may fall due within the 31 days following the loan date.
6. There can only be **one (1) outstanding loan** of this type to any Uptown household at any given time.
7. Borrower **must** attend Financial Counseling and budget assistance before this loan is granted.

QUESTIONING ETHANOL'S BENEFITS

The Scientific Committee on Problems of the Environment raises several questions regarding ethanol. The U.S. used 24% of its corn harvest in 2007 to produce ethanol and accounted for 1.3% of the nation's liquid fuel use. Also, some biofuel production systems can increase greenhouse gas emissions relative to the fossil fuels they replace. Farming practices, refining operations and converting areas to grow crops for biofuel production lead to greenhouse gas emissions. Water requirements for biofuel production are 70 to 400 times larger than for other energy sources, including fossil fuels, wind and solar power. In 2007 worldwide, biofuel production consumed about 45 billion cubic meters of water, six times more water than people drink

globally. Runoff from agricultural fields and waste generated during biofuel production can cause severe water pollution. However, the ethanol industry strongly disagreed with this report.

~Waste Recycling & News, April 27, 2009

The corn used to make a 25-gallon tank of ethanol would feed one person for a year.

~National Geographic, June 2009

Hints for folks wanting to go a little "Greener"

A couple of tips for people who want to become "greener" in the way they approach everyday problems.

1. Instead of insecticide to get rid of the grass and weeds growing up in the cracks of the driveway or sidewalk, try pouring boiling water on them. It will kill the weed and run along the crack and kill seeds that may be there.
2. To get rid of or control mosquitoes try getting a spray bottle and putting Listerine in it. Then spray on ground around where they are at. You can even spray around the frame of the door and windows (but don't spray directly on the wood) to help keep them from flying in. If you have a deck that is sealed it is okay to spray on the deck and of course the grass can be sprayed (or the dog house).
3. Hate those ants that are in the grass and keep trying to come in the house? Try a spray bottle with vinegar in it. Spray around the door and base of the house where you see them.

Know any other tips that can help us all be more "green" in our approach to life? Why not share them? We could all benefit from each other and help in our own small way to make our planet a little better.

~courtesy Lynn Wasinger

Please remember, any articles that seem to have no author were written by the Director of Communications as part of my duties of that office.

Advertising Rates

Seek and Find

Minimum of \$ 10.00

Business Card Size - \$ 27.50

1/4 Page - \$ 55.00

1/2 Page - \$ 105.00

Full Page - \$ 200.00

Midwest Printing - 262-7347
midwestprint0809@sbcglobal.net

Crown Uptown stays open

As of June 22, Crown Uptown Theatre is under new management. We will stay open through the end of the season and our plans are to finish putting our 2009-2010 season together.

We need your support!

Our current production is Disney's High School Musical, through August 2.

The Hilarious Comedy, Love, Sex And The I.R.S. starring Monte Wheeler, Scott Noah, Karen Robu, Tom Frye and Dennis Arnold follows August 6 through September 13, 2009.

We are also proud to announce that Crown Uptown Professional Children's Theatre will open as scheduled on Friday, June 26. We will present the musical comedy, Pinocchio. Matinee performances are on Fridays and Saturdays. Children's Theatre tickets remain at \$8.95 + tax for the kids' fare buffet lunch and show.

Please give our box office a call to order your tickets today! We have added new dinner theatre ticket options that we can accommodate your budget as we all face these economic challenges. Call us for details!

We appreciate your past support and hope to see you soon!

Sincerely, Crown Uptown Theatre Management

Uptown Newsletter

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“There is not a silver bullet – it’s silver buckshot.” By funding everything from renewable energy to clean coal with carbon capture, the administration’s proposed budget acknowledges that there is no single solution for the nation’s energy issues. ~Bart Gordon (Tenn.), chair of the House Science and Technology Committee

“Americans now spend more on fast food than on higher education, personal computers, computer software, or new cars; more than on movies, books, magazines, newspapers, videos and recorded music combined.”
~Eric Schlosser

Homeowners who just want to keep a simple roof over their heads can now find the details of the Obama administration’s housing plan online. The Department of Housing and Urban Development and the Treasury Department have launched *makinghomeaffordable.gov*, where Americans can find information about refinancing and modified payments. ~from Reader’s Digest, June 2009

Peroxide vs. Bleach

Here are some ideas for Hydrogen Peroxide. It is more multi-purpose than you thought!

1. Take one capful (the little white cap that comes with the bottle) and hold in your mouth for 10 minutes daily, then spit it out. (I do it when I bathe.) No more canker sores and your teeth will be whiter without expensive pastes. Use it instead of mouthwash.

2. Let your toothbrushes soak in a cup of peroxide to keep them free of germs.

3. Clean your counters and table tops with peroxide to kill germs and leave a fresh smell. Simply put a little on your dishrag when you wipe, or spray it on the counters.

4. After rinsing off your wooden cutting board, pour peroxide on it to kill salmonella and other bacteria.

5. I had fungus on my feet for years until I sprayed a 50/50 mixture of peroxide and water on them (especially the toes) every night and let dry.

6. Soak any infections or cuts in 3% peroxide for five to ten minutes several times a day. My husband has seen gangrene that would not heal with any medicine but was healed by soaking in peroxide.

7. Fill a spray bottle with a 50/50 mixture of peroxide and water and keep it in every bathroom to disinfect without harming your septic system like bleach or most other disinfectants will.

8. Tilt your head back and spray into nostrils with your 50/50 mixture whenever you have a cold, plugged sinus. It will bubble and help to kill the bacteria. Hold for a few minutes, and then blow your nose into a tissue.

9. If you have a terrible toothache and cannot get to a dentist right away, put a capful of 3% peroxide into your mouth and hold it for ten minutes several times a day. The pain will lessen greatly.

10. Put half a bottle of peroxide in your bath to help rid boils, fungus, or other skin infections.

11. You can also add a cup of peroxide instead of bleach to a load of whites in your laundry to whiten them. If there is blood on clothing, pour it directly on the soiled spot. Let it sit for a minute, then rub it and rinse with cold water. Repeat if necessary.

12. Use peroxide to clean mirrors. There is no smearing.
~Thanks to Lynn Wasinger for submitting