



Uptown Neighborhood News

Newsletter of the Uptown Neighborhood Association, Inc.

September, 2004

www.simplyneighbors.com/Kansas/Wichita/Uptown

Your UNA Officers

President

Paul Oberg 687-0949
chancyo@earthlink.net

Vice President

David Franks 685-2030
david.franks@cox.net

Recording Secretary

Katie Murdock 685-2030
chautauqua@cox.net

Treasurer

Lynn Wasinger 618-4945
dalynta@prodigy.net

Director of Communications

Lori Lawrence 688-1484
lorilawrence@cox.net

Uptown boundaries

**Central, Douglas,
Grove and Hillside**

*If you live, work or own property
in Uptown, you are a member!*

CALENDAR OF EVENTS:

September 2, 7 pm Nominations for officers

October 7, 7 pm Election of officers

October 17, Sunday, 1 pm Park Clean up and Cook out

October 31, Sunday, Uptown Halloween Party

September 4, 8 am Breakfast with Brewer at Cisro's 21st & Oliver

September 14, 6 pm Bicycle Clinic

Call for more information:
688-1484

*Deadline for Uptown Newsletter
Information September 8*



September 2, 2004, 7 p.m.

Uptown Neighborhood Meeting

Joyce Lent from the Great Plains Nature Center will be joining us and bringing a native Kansas creature for us to meet and learn about. She cannot say for sure what she may bring but she is hoping to bring a real live POSSUM! Not the kind that live in the alley but the kind you can see up close and they won't try to bite you! She may also bring a Screech Owl, the kind you may have seen on your roof. She may bring another critter from the neighborhood but we won't know until she gets here!

If you've always seen these different animals around your house or yard and wanted to know what to do with them or what to feed them or how to get rid of them, this is your chance to learn and ask questions. We will be happy to have all the children in the neighborhood come and visit this meeting. **DON'T MISS THIS ONE!!**

BICYCLE CLINIC

On **September 14th at 6:00pm, in the West Parking lot of the College Hill United Methodist Church** the Neighborhood association and the Wichita Police department will bring the neighborhood a Bike clinic. All ages are encouraged to attend!

Come looking for Excitement and Entertainment as well as a learning experience. There will be contests for most interesting and most colorful bikes with awards for the winners. You may also be able to get a free bike helmet and maybe a free bike!

The Wichita Police will be offering advice on safety as well as selling **Bike Licenses for only \$5.00**. This is a great way to prevent bike theft as well as ensuring that if it is found abandoned that it can be returned to the rightful owner.

All you need to do is come to the church at 1st and Erie and **BRING YOUR BIKE** to get a license. We are also looking for anyone who can do bike tricks to come and give us a show! If you can demonstrate some tricks or show us how to **DO** some tricks, be sure to be there. If you need special equipment for it or any other special needs, call Leslie to arrange it.

Leslie Harvey is accepting donations of used and new bike helmets and safety gear to hand out to the attendants, any and all are welcome! She will paint or polish as needed. Please drop them off at 146 North Poplar. You can also call her if you have any questions, ideas, or general information you feel may be useful 687-2082.



Next meeting Thursday, September 2 at 7:00 p.m.

Don't miss it!

College Hill United Methodist Church

Minutes of the Meeting, August 5, 2004

This meeting took place at College Hill United Methodist Church.

Approval of Minutes: Minutes of the meeting on July 1, 2004 were approved.

Treasurer's Report: Beginning Balance = \$1851.11. Credits = \$6.25 (cookie sales), \$864.56 (picnic funds), totaling \$870.81. Debits = None. Ending Balance = \$2721.92. The check for Non-Profit Status application fees (\$180.00) is still outstanding. Lynn Wasinger came up with a \$49.00 overage compared to the bank statement, so she will research and rectify the problem. Members authorized the expense of printing the bank records for her to do this.

Neighborhood Police Officer's Report: Detective Kelly Mar with the WPD Investigations Department was present. Several neighborhood problems were brought up, mostly concerning stolen bicycles. Suggestions were made, including engraving serial numbers on neighborhood bikes, purchasing bicycle licenses for kids under 12, and providing bike racks at Food For Less and other neighborhood businesses.

Most of the meeting was devoted to a presentation by Brent Shelton of Sedgwick County Environmental Health Services, followed by discussion and voting on neighborhood health concerns. Our Top 5 concerns were: 1.) requiring all properties to have trash service by building trash fees into property taxes or water bills, 2.) control of stray and wild animals, 3.) child safety 4.) minimizing second-hand smoke exposure, and 5.) access to consistent public information.

The Fall Park Clean-Up will be on Sunday, October 17th, at 1:00 pm. A hot dog roast will follow. Problems concerning the park were brought up: the sprinklers aren't working, and a pile of wood chips was dumped in the park but not spread under the playground equipment. Paul Oberg mentioned the idea of having people adopt a plant or an area of the park to encourage maintenance.

Other matters of discussion included Visioneering Wichita and recycling. Leslie Harvey will help anyone interested in the Freecycle Program. The issue of Block Captains was brought up, and a meeting will be held to discuss this further.

The next UNA meeting will be held on September 2nd, 2004. Nominations for officers will be taken. Someone from the Great Plains Nature Center will attend, accompanied by a wild animal from the center.

*"Monthly meetings are always
the first Thursday of the month."*

Editor's Note

I got a call from Flowers by Harry Clifton. The owner called to say that they were NOT closing but MOVING on August 28th to their other shop at 4820 E. Central. This shop is called The Garden Gate and they will serve the same customers as always with the same great service. The phone number there is 684-0869. They will continue to be the flower shop of choice for the Uptown neighborhood and its residents so please give them a call.

More New Neighbors

Two more houses on Chautauqua have new neighbors: Matt and Ruthann Farley have moved into the 300 block as well as Tim Robinson. That block is really full of news lately.

What's going on on YOUR block?? Keep us informed since we love to know what's going on. Call news to Mary Dewing at 688-1797 or mail it to 350 N. Chautauqua or email it to Lori at lorilawrence@cox.net. WE LOVE YOUR NEWS!

City Manager George Kolb

As reported last month, the new city manager will be coming to the breakfast. He was unable to attend last month as planned since they moved the date up on the closing of his house back east so he had to be there and couldn't make it to be with us.

He will be at the Saturday, September 4th breakfast with Councilman Brewer at Cisro's at 21st and Oliver at 8 a.m. The breakfast buffet is usually pretty good and the speaker should be great this time. Most months we have either the chief of police or one of his deputy chiefs so if you have any questions for them, be sure to come.

Don't miss this chance to meet and question the new guy!!

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Next Meeting Important Business

We will have nominations for Uptown officers at the meeting on September 2nd. Officers will serve for the year from Oct. 2004 to Oct. 2005. Please come to the meeting and nominate the people you think will make good officers for the upcoming year. Check out the responsibilities of each officer and nominate yourself or someone you know to office.

Duties of officers from Uptown By-Laws, Section 7,
DUTIES OF BOARD OFFICERS:

a) President: The President shall prepare the agenda and preside over all meetings of the board and of the membership; shall appoint members of committees not elected, and otherwise, in general supervise and control the business affairs of the Association, subject to the majority approval of the board of directors.

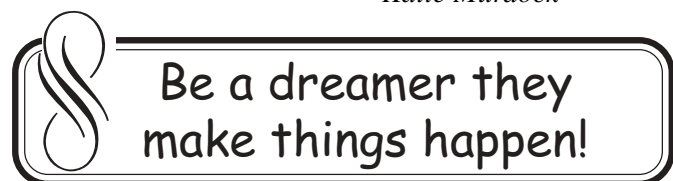
b) Vice-President: In the absence of the President or in the event of his/her inability to act, the Vice-President shall perform the duties of the President, and when so acting, shall have all the powers of and be subject to all the restrictions upon the President. The Vice-President shall perform such other duties as, from time to time, may be assigned by the President or board of directors.

c) Recording Secretary: The Recording Secretary shall keep the minutes of all meetings of the membership and of the board; shall be custodian of the Association records and shall make those records available for inspection for any proper purpose at any reasonable time and shall, in general, perform all duties incident to the office and such other duties as, from time to time, may be assigned by the President or board of directors.

d) Director of Communications: The Director of Communications shall conduct the correspondence of the Association, assuming responsibility for all matters of notices to the membership and, in general, perform all duties incident to the office and such other duties as, from time to time, may be assigned by the President or board of directors.

e) Treasurer: The Treasurer shall have charge and custody of and be responsible for all funds of the Association; receive and give receipts for monies in the name of the association and such depositories as shall be selected by the board of directors and shall, in general, perform all duties incident to the office and such other duties as, from time to time, may be assigned by the President or board of directors.

Katie Murdock



Hello Friends,

It's that time of the year again when kids are heading back to school and traffic seems to be very busy in the mornings during bus pick ups and in afternoon during bus drop offs. Just some reminders when you see a school bus that has its flashing lights on and stop sign out **YOU MUST STOP**. If you do not stop and you get caught by a Police Officer you are looking at a **\$150.00** ticket and insurance possibly going up.



I know that we all have busy lives and you might think "I can just speed up and get through it before the stop sign comes out". You are putting yourself and our children at **RISK** for injury, this is what we don't want. So, **PLEASE** slow down for the Wichita bus drivers and our children.

I hope you all have a great month and if any of you need my assistance always feel free to call me at 688-9331. Thank you and be safe. Officer Valere A. Shirkey

Gallery in the Gardens

Botanica will host Gallery in the Gardens September 19, from 10 a.m. to 5 p.m. Paintings, sculptures, glass, jewelry, ceramics, photography and other fine art work by over forty artisans will be available for purchase throughout the day. Live music will serenade guests who will be able to purchase food and beverages from Truffles and The Bar's Open between 11:30 a.m. and 1:30 p.m. Desserts and beverages will be served from 2 to 5 p.m.

Botanica is located at 701 Amidon. Admission is \$6 per person.

Kansas City Jazz

Mike Metheny Quintet brings Kansas City jazz to Botanica September 9. The final outdoor concert in the 2004 series at 7:30 p.m. Metheny has appeared in concerts and festivals throughout the U.S and has produced seven albums.

Free Curbside Recycle pick up
2nd Saturday – September 11

Sack Newspapers, aluminum cans, Magazines
White paper and set at curb by 9 am Rain or Shine.

Questions? Call 263-8488, Sun Prairie Dog Services
Grove, Central, Hillside, Douglas

Preventing Bicycle Theft

What can you do to prevent bicycle theft? What can you do if a bike is stolen? Many people don't think about these questions until it is too late. This article provides some basic advice for cyclists and parents.

First and foremost, get a bike lock. Locks are available from your local bicycle shop, sporting goods store, or large retailer (think 'Target' or similar store). Locks come in two basic varieties; a simple chain with lock, and a harder to "defeat" U-Lock. The U-Lock is recommended, as it typically comes with a steel cable that can help to secure one or both wheels in addition to keeping the bike locked against a rack, fence, meter, etc. Simple chain locks can be purchased for as little as \$10, the more substantial U-Locks range from \$15-\$45 - a small price to pay for an expensive bicycle. Most U-Locks come with a holster that allows you to store the lock on the bike frame when not in use.

Second, record the serial number of the bike when you first purchase it. Serial numbers can be found on the frame either as a sticker (on less expensive bikes) or engraved (on the more expensive bikes).

Third, if you have a homeowner's or renter's insurance policy, you should insure your bike. This can be done for only a few extra dollars a year. In the event that your bike is stolen, obtain a police report and report it to your insurance carrier. Give the police the serial number of the bike - it may come in handy if a bike is recovered that has been repainted or modified.

Finally, if you ever leave your bike unattended, or think that you're going someplace where your bike may be left unattended, bring your lock. Most thefts can be prevented by simply securing your bike. There is nothing more enticing to a thief than stealing something that they don't have to carry, can move quickly on, and is difficult to prove ownership of. The bicycle is that perfect object.

Leslie Harvey



Teddy Bear Picnic

Botanica invites all area children and their teddy bears to the annual Teddy Bear Picnic on Saturday, September 11 from 9 a.m. to 2 p.m. This year's picnic will include an interactive play written by local playwright, director and actress, Mary Lou Phipps-Winfrey. The day's festivities also include face painting by Valerie Anne Castine, storytelling and free teddy bear cookies and lemonade. Guests will have an opportunity to win one of six teddy bear quilts and one of two children's playhouses that have been produced by Boeing Wichita Credit Union employees. Botanica volunteers will sell Kathleen Bart's new book, Town Teddy and Country Bear, and the U.S. Postal Service will unveil the new Friendship postage stamp. A hand cancellation of the stamp will be available exclusively at a special postal station in Botanica's Entry Garden. The Wichita Clinic will provide well-bear checkups throughout the day at no additional charge.

Botanica is located at 701 N. Amidon. Admission is \$6 per person. All teddy bears and children under the age of two are admitted free.

Piano, Organ, Keyboard, Guitar Lessons: Prefer Beginners. All Ages. Christian Teacher. Call **267-0013**. Patty

For Sale: 2000 Yamaha Drag Banshee. Runs on alcohol, custom paint, chromed and polished and drag pipes. \$5500/OBO. Call **312-8557**.

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Uptown Trivia

The UTSA is very excited to announce a winner from last month's UT challenge. Heather Williams of 2nd Street was the first to identify last month's picture as belonging to the now vacant Raw Woods Furniture building at Douglas & Chautauqua. So she wins the \$5 gift certificate to Westlake Ace Hardware! 2 others also responded correctly.

Didjano...?

YOU could donate next month's trivia prize! Yes, the donation can be used, but it should be some thing of some value to some people. Gotta white elephant in your attic? Call the UT Chairman of the Board right away at 685-4850!!

...nowUdo!

September's challenge

Uptown is very sad that Flowers by Harry Clifton will soon be vacating its building at First and Hillside after 23 years. Their last day in Uptown will be August 28. What other businesses have previously occupied their building at 201 N Hillside? First person to correctly identify one of those businesses by calling 685 4850 wins – what else - ...

a \$ 5 gift certificate to
Garden Gate / Flowers by Harry Clifton
4808 E Central
not far at all from Uptown!

Note that you must identify the full name of a previous business, not just the nature or activity to win. You won't come up smelling like a rose with an answer such as "a bowling alley" or "Boeing". But you just might be tip-toeing through the tulips if you say "Tim's Tiny Toys" !

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Shocker Senior Day

High school seniors from public and private Wichita high schools are invited to discover all that Wichita State University has to offer and to find out more about "Thinkers, Doers, Movers and Shockers" by attending Senior Day Thursday, September 23.

Shocker Senior day is free, but reservations are required. Students can RSVP at www.admissions.wichita.edu.

Shocker Senior day will be from 9 a.m. to 1:30 p.m. at Rhatigan Student Center and various locations on the WSU campus. For more information call 978-3085, Office of Undergraduate admissions or Jenni Gluszek, Senior Day coordinator, at 978-5697.

Job Fair

Are you tired of being laid-off or unemployed? Have you felt limited by a disability? This new and exciting career may be just for you! Do not miss this job fair! Full-time, part-time, and flex time hours available. Even work from home!

Kansas Braille Transcription Institute presents a job fair August 31 at 9:00 a.m. - 1:00 p.m. at the Atwater Center, 2755 E. 19th St. N. or St. Paul's Lutheran Church, 925 N. Waco. For more information contact Alice Schoenhofer, 265-9692 or email alices@kbt.org,

Looking For Volunteers

Literacy Resources of the Metropolitan Area is looking for volunteers to help in the used Book Store conveniently located in downtown Wichita at 412 S. Main. Tasks would include sorting books by category as they come in, stocking shelves, and selling to customers who come in. The hours would be 3 hours one day each week from 10 a.m. to 1 p.m. Or whatever time is convenient, morning or afternoon is fine.

If you are looking for a place to volunteer this fall, please call 973-5120 for more information and ask for Susan.

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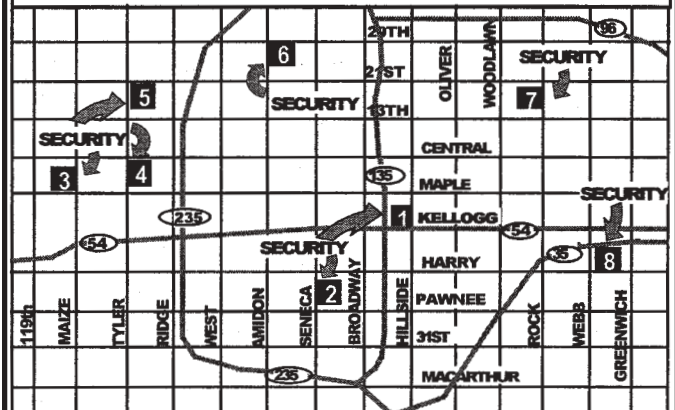
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2. Seneca & Pawnee (2010 S. Seneca) **262-4180**
3. Maize & Maple (111 N. Maize Rd.)* **773-9303**
4. Central & Tyler (550 N. Tyler)..... **722-8330**
5. 21st & Tyler (8631 W. 21st) * **721-2666**
6. 29th & Amidon (2940 N. Amidon)..... **838-6811**
7. 17th & Rock (1701 N. Rock Rd.)* **634-0098**
8. Harry & Webb (9750 E. Harry)* **683-3390**

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BOTANICA

The Wichita Gardens

701 Amidon
Wichita, KS

September in the Gardens

Botanica is open until 8 p.m. on Tuesdays through September.

Sept. 1, Lunchtime Lecture *History of Botanica's Teddy Bear Picnic 12:15 to 1 p.m.* Botanica volunteer Kate Bainbridge discusses the history of one of Botanica's most cherished annual events, the Teddy Bear Picnic. Teddy Bear collector, Betty Haney, displays some of her favorite bears from her extensive collection. Included with admission or membership. No registration required.

Sept. 6 - Labor Day - Open 9 to 5

Sept. 7 - Evening Lecture - Persian Cooking Enjoy extended summer hours and stay for a lecture about Persian cooking. Michelle Wessling shares cooking techniques and seasonal menus from Persia. Included with admission or membership.

Sept. 8 - Lunchtime Lecture - Porcelain Painting 12:15 to 1 p.m. Wichita and Derby china painters present the history of porcelain painting and demonstrate different techniques. Included with admission or membership. Lecture sponsored by Hart Pharmacy & Home Medical Equipment. No registration required.

Sept. 9 - Concerts in the Gardens - Mike Metheny Quintet 7:30 p.m. Featured on the February/March 2004 cover of Jazz Ambassador Magazine, Kansas City-based Mike Metheny has appeared in concerts and festivals throughout the U.S. and has produced seven albums. \$10 (\$9 for members). Sponsored by Boeing Wichita Credit Union.

Sept. 11 - Teddy Bear Picnic 9 a.m. to 2 p.m. Visitors of all ages can stroll through the Woodland Walk and be delighted by all the Teddy Bears in whimsical settings. This event is not to be missed by children and all those who have fond memories of their own teddy bears. \$6 per person. All teddy bears and children under the age of two admitted free. Bring your favorite bear and join the fun. Sponsored by The Wichita Clinic.

Sept. 13 to 18 - Monarch Tagging Demonstration Join Botanica Gardener Elsie Neumann any day this week at 9 a.m. or 3 p.m. on the Martha Parriott Terrace for an informal demonstration of monarch tagging practices and a brief discussion about their importance to the Monarch Watch program. Included with admission or membership.

Sept. 14 - Garden Magic: Tree Homes 10 a.m. or 1 p.m. Monthly program for children ages 2-6 and an accompanying adult. Cost: \$6 per child (\$3 for members). One adult free with each child. Registration required. Sponsored in part by Senseney Music, Inc.

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Rates are \$7.00 per column inch

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General Mgr.

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262-6640

SOUTHEAST
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681-1220

WEST WICHITA
13000 W. KELLOGG
773-0123

Heart-healthy Eating

Heart healthy eating doesn't have to mean cutting sweets out of your diet. There are plenty of tricks for cutting some fat and calories from your sweet treats - without losing the flavor.

When cutting fat in a recipe, add sweet spices like cinnamon or nutmeg, or use one and one-half times the amount of spice called for.

To intensify the rich flavor of chocolate desserts, add one-half to one teaspoon of instant coffee granules to the recipe.

Since many recipes include more sugar than necessary, you can usually reduce the amount of sugar by one-fourth to one-third.

Use fat-free evaporated milk instead of cream when making whipped topping. (The evaporated milk must be well chilled first).

To find recipes, cooking tips, the lowdown on cholesterol, fat, calories and more, look for the American Heart Association's Low-Fat & Luscious Desserts Cookbook available from booksellers everywhere.

Americans Underestimate Their Risk for Heart Disease

Most Americans over 40 greatly underestimate their risk for heart disease, the nation's No. 1 killer.

A recent American Heart Association survey found that 87 percent of people interviewed reported having more than one heart disease risk factor, yet less than a third knew how much this multiplied their overall risk for the disease. Common modifiable risk factors include high blood cholesterol, diabetes and high blood pressure.



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now that's food for thought!

Commonly Requested Numbers

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Within 48 hours	268-4131
Over 48 hours	268-4261
Animal Control	268-8473
Auto Tags/Title	383-7331
Birth Certificates	(913) 296-1414
Bus information	265-7221
City Council/Mayor/s Office	268-4331
County Information	383-7400
Driver's License	942-0723
Election Commissioner	383-7101
Employment Hotline	268-4537
Garage Sales (license)	268-4553
Property Taxes	383-7414
Real Estate Ownership	383-7691
Small Claims	383-7761
Street Maintenance (24 hours).....	268-4071
Traffic Fines	268-4611
Voter Registration	383-7101
Weed Mowing:	
Private property	268-8422
Public property.....	337-9225
Zoo	942-2212
Commonly Requested Websites:	
City of Wichita.....	www.wichita.gov
Sedgwick County,	www.sedgwick.ks.us
Chamber of Commerce.....	www.wichitakansas.org
Convention & Visitors Bureau,	
.....	www.wichita-cvb.org